



# AI Portfolio Documentation Worksheet

Document your AI use in professional portfolios with transparency and intention.

PROFESSIONAL DEVELOPMENT

SEED

## Why This Matters

68% of K-12 teachers use AI weekly (RAND, 2026). Zero portfolio systems have AI policies. This worksheet documents how AI contributed to your work and what remained yours. Use one row per portfolio task. This is evidence of professional growth, not a confession.

## Task 1: AI Documentation Log

PORTFOLIO TASK / SECTION

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AI TOOL USED

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WHAT I ASKED THE AI TO DO

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WHAT THE AI PRODUCED

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WHAT I KEPT, CHANGED, OR REJECTED (AND WHY)

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WHAT IS DISTINCTLY MINE IN THE FINAL PRODUCT

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## **Task 2: AI Documentation Log**

PORTFOLIO TASK / SECTION

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AI TOOL USED

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WHAT I ASKED THE AI TO DO

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WHAT THE AI PRODUCED

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WHAT I KEPT, CHANGED, OR REJECTED (AND WHY)

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WHAT IS DISTINCTLY MINE IN THE FINAL PRODUCT

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## **Task 3: AI Documentation Log**

PORTFOLIO TASK / SECTION

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AI TOOL USED

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WHAT I ASKED THE AI TO DO

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WHAT THE AI PRODUCED

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WHAT I KEPT, CHANGED, OR REJECTED (AND WHY)

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WHAT IS DISTINCTLY MINE IN THE FINAL PRODUCT

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## Reflection: Your AI Use Summary

HOW DID AI CHANGE THE QUALITY OF YOUR PORTFOLIO WORK?

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WHAT WOULD YOU HAVE MISSED WITHOUT AI ASSISTANCE?

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WHAT DID AI GET WRONG THAT YOU HAD TO CORRECT?

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HOW HAS YOUR AI USE EVOLVED SINCE YOU STARTED?

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### THE SEEDSTACKING PRINCIPLE

Process over product. Literacy over avoidance. Intentionality over prohibition.  
A documented AI process is evidence of professional growth, not a confession.

## Build Your AI Fluency

Join the free Harvest Kernel community for practical guidance, fresh ideas, and tools for real AI fluency.

[harvestkernel.com/portal](https://harvestkernel.com/portal)